



HARVARD
MEDICAL SCHOOL

Innovations and New Practices in

INTERNAL MEDICINE

May 13 -17

2019

Cambridge, MA

Education for PHYSICIANS, NPs, PAs

Innovations
and
clinical updates

New approaches
to common
and complex
challenges in
internal medicine

Guidance to
implement
advances
for improved
patient outcomes

Now offering
ABIM MOC Points

Advances for Everyday Practice

Cardiology
Pulmonary
Endocrinology

Neurology
Critical Care
Geriatrics

Sleep Medicine
Women's Health
Hematology

Infectious Diseases
Rheumatology
Pain Medicine

Nephrology
Oncology
Allergy

Register at IM.HMSCME.com

Innovations and New Practices in Internal Medicine

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Accreditation

ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 31.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF INTERNAL MEDICINE

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 31.00 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

AMERICAN ACADEMY OF FAMILY PHYSICIANS

This Live activity, Innovations and New Practices in Internal Medicine, with a beginning date of 05/13/2019, has been reviewed and is acceptable for up to 30.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RISK MANAGEMENT

This activity meets the criteria of Massachusetts Board of Registration in Medicine for 2.25 hours of Risk Management Study. This includes .75 Credits of Opioid Education and Pain Management Training. Please check your individual state licensing board requirements before claiming these credits.

NURSE PRACTITIONERS and REGISTERED NURSES

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education). We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for re-licensure.

PHYSICIAN ASSISTANTS

The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification. We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for re-licensure.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credit™* to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs® can be found at: www.eaccme.eu.



HARVARD MEDICAL SCHOOL

Harvard Medical School Faculty

Dear Colleague,

Adoption of recent innovations and new algorithms in the practice of internal medicine enables significantly improved diagnosis, treatment, and clinical outcomes. Given the demands placed on the practicing clinician, we understand that it is increasingly difficult to keep up with the ever-changing landscape of internal medicine. For this reason, we developed the “Innovations and New Practices in Internal Medicine” program.

This unique course provides an intensive, comprehensive review of advances in internal medicine along with guidance on how to incorporate these new developments into everyday clinical practice.

The educational experience is highly interactive and fast paced, draws upon real-life cases, and is designed and led by Harvard Medical School’s clinical faculty—the leaders in their respective fields—who are instrumental in bringing these innovations to clinical medicine.

We hope that you will join us for this exciting and cutting-edge educational experience.

Sincerely,

Sarah P. Hammond, MD
Course Director

*Assistant Professor of Medicine
Harvard Medical School
Division of Infectious Diseases
Department of Medicine
Brigham and Women’s Hospital*



Anju Nohria, MD
Course Director

*Assistant Professor of Medicine
Harvard Medical School
Division of Cardiovascular Medicine
Department of Medicine
Brigham and Women’s Hospital*



Mark M. Awad, MD, PhD
Carolyn B. Becker, MD
Kari P. Braaten, MD, MPH
Rebecca C. Burch, MD
Charles A. Czeisler, MD, PhD
Paul F. Dellaripa, MD
Timothy B. Erickson, MD
Colleen M. Feltmate, MD
Sonia Friedman, MD
Robert H. Goldstein, MD, PhD
Florenca Halperin, MD
Sarah P. Hammond, MD
Galen V. Henderson, MD
Elizabeth L. Hohmann, MD
Joyce T. Hsu, MD
Elliot Israel, MD
Aaron S. Kesselheim, MD, MPH
Matthew I. Kim, MD
David S. Kroll, MD
Donald B. Levy, MD
Adam D. Lipworth, MD
Marie E. McDonnell, MD
Scott M. McGinnis, MD
Lida Nabati, MD
Anju Nohria, MD
Molly L. Perencevich, MD
Gregory Piazza, MD
Suzanne E. Salamon, MD
Paul E. Sax, MD
Adam C. Schaffer, MD
Scott L. Schissel, MD, PhD
Benjamin M. Scirica, MD
Pinak B. Shah, MD
Samata Sharma, MD
Ajay K. Singh, MBBS, FRCP
(UK), MBA
Lori W. Tishler, MD, MPH
Derrick J. Todd, MD, PhD
Sushrut S. Waikar, MD
Paul C. Zei, MD, PhD
Stephen D. Zucker, MD

BRIGHAM HEALTH



**BRIGHAM AND
WOMEN’S HOSPITAL**

Innovations and New Practices in Internal Medicine 2019

MONDAY, MAY 13	
7:30 - 8:20	Registration Continental Breakfast
8:20 - 8:30	Welcome Remarks Sarah P. Hammond, MD and Anju Nohria, MD
8:30 - 9:15	New Treatments in Heart Failure Anju Nohria, MD
9:15 - 10:00	Food Allergy Joyce T. Hsu, MD
10:00 - 10:15	Coffee break <i>(refreshments provided)</i>
10:15 - 11:00	Update in Thyroid Disease Matthew I. Kim, MD
11:00 - 11:45	Recent Advances in Liver Disease Stephen D. Zucker, MD
11:45 - 12:30	The Latest in Managing Kidney Disease Sushrut S. Waikar, MD
12:30 - 1:30	Break for lunch*
1:30 - 2:15	Management of Diabetes Mellitus: New Drugs and Current Guidelines Marie E. McDonnell, MD
2:15 - 3:00	Cancer Screening 2019: Breast, Colorectal, Prostate, and Lung Lori W. Tishler, MD, MPH
3:00 - 3:15	Coffee break <i>(refreshments provided)</i>
3:15 - 4:00	Biological and Targeted Therapy in Rheumatology Paul F. Dellaripa, MD
4:00 - 5:00	Sleep Epidemic: Why Are We Sleeping Less and What Can We Do About It? Charles A. Czeisler, MD, PhD

TUESDAY, MAY 14	
7:30 - 8:30	Continental Breakfast
8:30 - 9:15	Asthma Medications in 2019 Elliot Israel, MD
9:15 - 10:00	Update in Infectious Diseases and Vaccination Sarah P. Hammond, MD
10:00 - 10:15	Coffee break <i>(refreshments provided)</i>
10:15 - 11:00	Best Practices in Hypertension Management Ajay K. Singh, MBBS, FRCP (UK), MBA
11:00 - 11:45	Stroke Management in 2019 Galen V. Henderson, MD
11:45 - 12:30	Management of Ischemic Heart Disease and Lipids Benjamin M. Scirica, MD
12:30 - 1:30	Break for lunch*
1:30 - 2:15	Advances in Gout and Crystal Deposition Disease Derrick J. Todd, MD, PhD
2:15 - 3:00	Contraception Kari P. Braaten, MD, MPH
3:00 - 3:15	Coffee break <i>(refreshments provided)</i>
3:15 - 4:00	Advances in Diagnosis and Management of Headache Rebecca C. Burch, MD
4:00 - 4:45	The Latest in Management of Atrial Fibrillation Paul C. Zei, MD, PhD
4:45 - 5:30	Immunotherapy in Oncology: The Clinical Perspective Mark M. Awad, MD, PhD

*There are many convenient and varied lunch options within a short walking distance of the course.

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course, please visit the course website.

This course has sold out in past years. Early registration to the 2019 program strongly advised.

Innovations and New Practices in Internal Medicine 2019

WEDNESDAY, MAY 15

7:30 - 8:30	Continental Breakfast
8:30 - 9:15	Complementary and Integrative Medicine in the General Internist's Practice Donald B. Levy, MD
9:15 - 10:00	Important Clinical Cases in Dermatology Adam D. Lipworth, MD
10:00 - 10:15	Coffee break (<i>refreshments provided</i>)
10:15 - 11:00	What's New in IBD Sonia Friedman, MD
11:00 - 11:45	Care of the LGBTQ Patient Robert H. Goldstein, MD, PhD
11:45 - 12:30	Management of Addiction Samata Sharma, MD
12:30 - 1:30	Break for lunch*
1:30 - 2:15	Obesity Management: From Counseling to Medical and Surgical Therapies Florenca Halperin, MD
2:15 - 3:00	Percutaneous Approaches to Valvular Disease Pinak B. Shah, MD
3:00 - 3:15	Coffee break (<i>refreshments provided</i>)
3:15 - 4:15	Update in COPD Scott L. Schissel, MD, PhD

THURSDAY, MAY 16

7:30 - 8:30	Continental Breakfast
8:30 - 9:15	Bone Health 2019 Carolyn B. Becker, MD
9:15 - 10:00	Thrombosis and Anticoagulation Gregory Piazza, MD
10:00 - 10:15	Coffee break (<i>refreshments provided</i>)
10:15 - 11:00	Gynecologic Cancer Screening Colleen M. Feltmate, MD
11:00 - 11:45	Update in Dementia and Alzheimer's Disease Scott M. McGinnis, MD
11:45 - 12:30	Hot Topics in Gastroenterology Molly L. Perencevich, MD
12:30 - 1:30	Break for lunch*
1:30 - 2:15	Update in Geriatrics: The Latest Studies and Their Clinical Relevance Suzanne E. Salamon, MD
2:15 - 3:00	Depression David S. Kroll, MD
3:00 - 3:15	Coffee break (<i>refreshments provided</i>)
3:15 - 4:00	The Escalating Cost of Prescription Drugs 2019 Aaron S. Kesselheim, MD, MPH
4:00 - 5:00	Clostridium difficile Diagnosis and Management 2019 Elizabeth L. Hohmann, MD

course program, please visit the course website.

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Innovations and New Practices in Internal Medicine 2019

FRIDAY, MAY 17

7:30 - 8:30	Continental Breakfast
8:30 - 9:15	Pain and Palliation: Is Medical Marijuana Part of the Equation? Lida Nabati, MD
9:15 - 10:00	Poisonings and Intoxications: What the Internist Needs to Know Timothy B. Erickson, MD
10:00 - 10:15	Coffee break (<i>refreshments provided</i>)
10:15 - 11:00	Best Practices for Pre-Operative Evaluation Adam C. Schaffer, MD
11:00 - 11:45	Responsible Use of Antibiotics Paul E. Sax, MD
11:45 - 12:00	Closing Remarks & Adjournment Anju Nohria, MD and Sarah P. Hammond, MD

LEARNING OBJECTIVES

Upon completion of this activity, participants will be able to:

- Review and interpret up-to-date literature relevant to clinical practice
- Apply current/recommended guidelines in clinical practice
- Apply up-to-date techniques to diagnose complex clinical problems
- Identify/integrate current therapeutic options for specific disorders

REASONS TO ATTEND

- **Comprehensive update on new anticoagulants and their antidotes**
- **Algorithms for the use of diabetes medications**
- **Pain management and the role of medical marijuana**
- **Practical and timely instruction on obesity management**
- **New treatments for heart failure**
- **Advances in percutaneous valve replacement**
- **The latest in *C. difficile* diagnosis and management**
- **The physician's perspective on alternative medicine**
- **Instructive cases and images in dermatology**
- **Up-to-date guidance for care of the LGBTQ patient**
- **Updates in the management of COPD and asthma**
- **Navigating the challenges of escalating drug costs**
- **Overview of immunotherapy for cancer**
- **Best practices for responsible antibiotic use**



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Boston, MA

Education for **PHYSICIANS, NPs, PAs**

**Advances
in
Diagnosis**

**Treatment
Updates**

**Better
Patient
Outcomes**

Earn up to
31.00 *AMA PRA Category 1 Credits*[™]
31.00 ABIM MOC points
30.75 AAFP Prescribed credits
2.25 Risk Management credits, including
.75 credits in Opioid Education and Pain Management Training

Full Agenda Inside. Includes State-of-the-Art Approaches to:

Anticoagulants

Treating diabetes

Pain management

Obesity management

Heart failure

Percutaneous valve replacement

Medical marijuana

Care of the LGBTQ patient

C. difficile diagnosis and management

COPD and asthma

Escalating drug costs

Dermatology (for the non-dermatologist)

IBD

Alternative medicine

Dementia and Alzheimer's disease

This course has sold out in past years. Early registration to the 2019 program strongly advised.



HARVARD MEDICAL SCHOOL

	Course Tuition
Innovations and New Practices in Internal Medicine 2019 Course #734063-1902	\$1,595

Your tuition includes continental breakfast each day, morning and afternoon refreshment breaks, and complimentary internet in the meeting room. All course participants will receive a flash drive that contains all of the course materials, and will have access to all materials online.

Registration, Payment, Confirmation and Refund Policy

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website, IM.HMSCME.com.

At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration, and you will have the choice of paying by check, credit card (Visa, MasterCard, or American Express), or wire transfer in USD. If you are paying by check (draft on a United States bank) or by wire transfer, the online registration system will provide you with instructions for remitting your course fees. Postal, telephone, fax, and cash-payment registrations are not accepted. All fees shown in USD.

Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.

Venue

Royal Sonesta Boston
40 Edwin H. Land Boulevard
Cambridge, Massachusetts 02142
617-806-4200



Accommodations*

A limited number of discounted rooms have been reserved at Royal Sonesta Boston until 5:00 pm on April 21, 2019. You can call the hotel reservation line to make a room reservation: 617-806-4255 or 1-800-766-3782. Please specify that you are enrolled in the HMS/BWH Innovations and New Practices in Internal Medicine course, or mention Group Code 0512HMSBWH, in order to request the reduced room rate. To make your discounted reservation online by 5:00 pm on April 21, 2019, please use the dedicated reservation link on the Venue page of the course website.

**Please book early, as the discounted room block tends to sell out before the deadline.*

Please do not make non-refundable travel arrangements until you have received an email confirming your paid registration.

Questions?

Call 617-384-8600 Mon-Fri 9am – 5pm (ET). Send e-mail to CEPrograms@hms.harvard.edu.

Register at IM.HMSCME.com